



*We quickly find that there are no words  
to describe the experience of losing a child.  
For those who have not lost a child,  
no explanation will do.  
For those who have,  
no explanation is necessary.*

By Mary Lingle

Reprinted from TCF North Shore/Boston  
Online Newsletter Dec 2011

## *Welcome*

To those attending your first meeting or receiving your first newsletter, we extend our hearts in understanding and regret the reason you are joining us. It is so difficult attending your first TCF meeting. Feelings can be overwhelming, but we have all experienced them and know how important it is to take that first step. Topics may vary at the meetings and your first meeting may be a topic which is not of interest to you at this point. Please plan to attend two or three meetings before deciding if TCF is of help to you.

***Mar 14<sup>th</sup> meeting topic:***

~ Siblings and Loss

***Apr 11<sup>th</sup> meeting topic:***

~ Employees, co-workers:  
working through grief

